

## Today's Take-Aways

### News Related To COVID-19

#### Regional Updates

- Across the region we are experiencing a shortage of COVID-19 throat swabs. As a result, hospitalized patients will only receive nose swabs.

- Due to the overcapacity in hospitals in Ottawa, there are many discussions taking place around the utilization of acute care beds in the region. The reason for their overcapacity is the high number of ALC (Alternate Level of Care) patients now exceeding 700.

- A new Visitor Policy framework has been approved. While Renfrew County hospitals will maintain their current policies, there will be some review of the areas where our policies may not be aligned.

- A new Medical Directive around swabbing is in the final approval stages. More to come on this.

- EORLA is still on track to expand their testing capacity to 6,000 per day by the end of November.

- Two new guidelines are being introduced at the regional level. The first is with regards to patients who are unable to wear masks. Our PPE Committee is going to review this to determine if any amendments are required at PRH in order to align with this.

The second addresses paid leave for staff based on specific COVID-related criteria. The HR Committee will be reviewing this new guideline.

#### Supplies and PPE

- We appear to have a solid supply of PPE based on current usage.

- Materials Management will be sourcing additional face shields to accommodate a planned move to universal eye protection.

#### Occupational Health and Safety

- Flu Shot Clinics – It's that time of the year! Occupational Health and Safety will be launching **roaming** Flu Shot Clinics throughout the organization for ALL staff and physicians starting the week of October 26th. These roaming clinics will continue for several weeks in both the clinical and non-clinical areas. When attending a Flu Shot Clinic, please ensure there is appropriate physical distancing from others and try to wear clothing that allows for easy access to your upper arm/shoulder. Anyone preferring a private appointment to obtain their flu shot can call Occupational Health and Safety at extension 7202 to book.

#### Clinical Updates

- Critical Care – Nursing staff will receive refresher training on high flow oxygen while mock exercises on massive transfusion protocols (code omega) will be run for ED, OR and lab staff.

## Today's Take Aways...Continued From Front

- Emergency Department/ICU – different staffing models are being explored to help alleviate some of the current challenges.

- Medical – Six nursing students (mix of RNs and RPNs) who are in their final year of training will be assisting ALC and dementia patients on 3B under the designation of Clinical Care Assistants (CCAs). This will be a welcome addition as they take on supportive roles for these patients.

- Surgical/OR – The department is continuing to explore ways to support regional partners in terms of surgical cases.

### Other News Items

#### Communications

- In order to align plans for wellness activities with staff needs, members of our Wellness and Recognition Working Group will be visiting huddles over the next week asking “How do you define wellness?” and “What wellness supports or activities could PRH put in place to help you?”.

- We will soon be refreshing our PRH Welcome Guide for patients. A copy of this can be found on our website and is distributed at bedside to new admissions. Please forward any recommendations for content edits/additions to [carolyn.levesque@prh.email](mailto:carolyn.levesque@prh.email).

#### Food Services

- Upcoming hot meal features:

October 22 – Chicken Tetrazzini with Broccoli

October 23 – Sante Fe Chicken Flatbread

October 26 – Chili and a Bun

October 27 – Cannelloni with Caesar salad

October 28 – Hamburger Casserole with pick-of-the-day vegetable

October 29 – BBQ drumsticks with scalloped potatoes and carrots

October 30 – Dip and Dust Fish with potato wedges / Halloween Treat Day

- We will have seasonal pumpkin spice chocolate chip muffins in the cafeteria all next week.



## PRH Staff Association Treat Day

Featuring 2 Tarts & A Truffle Boxed Cupcake

**Monday, November 2nd,**

**11:30am-1pm and 3:30-4:30pm**

**(The Lunch Box, Tower A, 2nd Floor)**

This is no ordinary cupcake!

Their vanilla-flavoured cupcakes feature a cookie base, followed by a thin layer of Belgian chocolate, then the cake, and buttercream icing to top it off!

Each cupcake will be individually boxed for easier transport and to adhere to COVID safety measures.

#### COVID-19 MEASURES / Treat Day Etiquette

1. Pre-orders are strongly advised, especially for groups. Individuals can pre-order too.
2. Pre-order lists must be emailed to [carolyn.levesque@prh.email](mailto:carolyn.levesque@prh.email) by **Monday, October 26th at 12 noon.**
3. Pre-orders can be picked up by group representatives during the distribution times on November 2nd.
4. If you don't pre-order, you CAN still pick up your cupcake on distribution day WHILE SUPPLIES LAST.
5. Please note that groups who pre-order are responsible for ensuring staff on their lists get their treats.





# Foundation News

We would like to take this opportunity to thank everyone for their contributions to this year's Un-Gala @ Home. It is with great pleasure that we announce we have surpassed our goal and have reached an incredible **\$135,000** and climbing! This brings the three-year *Cutting Edge Campaign* to completion. Funds raised will enable us to start renovations to upgrade the surgical floor in the new year!



## CONSTRUCTION CORNER

**Rehab Roof Project:** The mounds were completed and the contractor is adding the soil using a blower from a truck. The grass and moss on a sod carpet are also being installed this week.

**Tower A Roof Project:** The rain continues to delay the work. The entire Penthouse existing roof has been removed and replaced, including the cap membrane. The membrane adhesive needs time to cure and then the contractor will be applying the flood and gravel next which should be in a week.

**Tower A 1st Floor North Wing:** The sprinkler pipes were installed in the back storage corridor, stairwell and in the side offices.



# GRATITUDE

## Rehabilitation

September 10 - Great catch **Alyssa** for noticing that we needed to correct the patient discharge script.

September 10 - Thank you **Mallory** for stepping up this weekend to fill a sick call - we really needed you and we owe you one!

September 11 - Farewell to **Natasha and Kennedy** who will be missed! Good job **Matt** for training!

September 15 - Great work everyone for helping to assist with the Rehab intensity caseload. (**Tracy Lee, Kyle, Jordan, Melanie, Savannah, Rui, Ashley and Jen Andrews**).

September 17 - Thanks for the pizza **Debbie and Dean**! We really appreciated it!

September 22 - Thank you to **Patti and Katie-Lynn** for all of your help with busy assignments.

September 23 - Celebrating **Tracy Lee** for sewing a limb back onto a stuffed dog when a patient inadvertently pulled it off his "toy" that he holds for comfort. You showed compassion and caring.

October 6 - So grateful for one of our nurses - **Matthew Savage** on Rehab who showed compassion and caring for one of our long stay patients by taking the initiative to order burgers for dinner, had them delivered to the unit and then sat down and to eat dinner together. So awesome!

October 10 - To **all the PTs/RAs** for working together as a team again to ensure our patient care was prioritized as we were short all week.

October 10 - To **Kelly Samson** for coming over to cut a patient's hair on Rehab. The patient was very thankful.

October 10 - A big thank you to all the **Rehab/Allied Health staff** for your dedication and hard work during these trying times. Our patients and I have much to be thankful for. *Dean Quade*

October 10 - A special thank you to **Clare** who went above and beyond to recognize a patient's family member who had a birthday celebration. Clare bought one card on behalf of a patient on our floor (who has been with us for quite some time) and one card from the staff to thank this special family member for all of her visits and assistance in the care of their spouse. The family member said it was the nicest gift she had ever received.

## Maternal Child Care

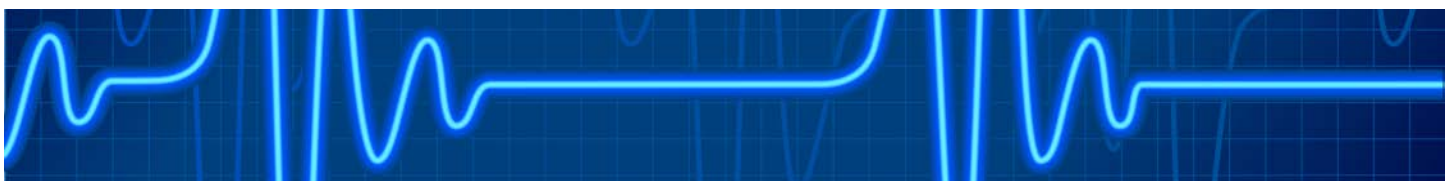
October 19 - **Laurie Langille** for being on call for senior coverage and to **Lisa Best** for organizing the unit.

October 13 - Welcome to **Dr. Carson**, our new OB/Gyn resident!

October 9 - The successful delivery of a healthy ten-pound baby!

## Miscellaneous

Kudos to **Mindy Ritza**, Geriatric Day Hospital team member, who is the most patient-centred health care worker that I know and I aspire to provide care and compassion to the degree that she does. In the evening, well after the work day was done, she went to the office and printed out a result so that the patient could be informed of a result without them worrying until the next day. Just recently, she spent four hours in the ED with a patient, again after her work day, because she was worried for the patient's well-being and didn't want her discharged without a safe place to go. These are just two of countless examples along with all the support she has given me. *Dr. Linde Corrigan*.







**Ways To Celebrate Halloween At PRH**

- Decorate your workspace/office door.
- Wear orange and black .
- Wear a costume where appropriate. (individually or as part of a group)
- If you're wearing Halloween attire (costume or colours), email [pr@prh.email](mailto:pr@prh.email) by 2:30 p.m. to be entered in a draw.

**A Special Treat!**

- PRH is sponsoring a special festive treat, available for pick up in The Lunch Box 11:30 a.m.- 1 p.m.
- Staff working evenings/nights will receive some on the units.
- If possible, to reduce the number of people in the cafeteria, send a runner to pick up for those who would like one (bring a cart/tray).

**Friday, October 30th**

**Bring the spirit of Halloween To PRH!**



**NOTES:**

- Decorations and costumes should be work/hospital appropriate and incorporate appropriate PPE.
- To schedule costume photos, call 6165 or email [pr@prh.email](mailto:pr@prh.email).

**How was your day?**

Stressful

Scary

Exhausting

Busy

Sad

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

**COVID Frontline Wellness** provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to: [www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)

It's simple. It's confidential. It will help.

If you are a health care worker\* impacted by stress related to COVID-19, please reach out.

**BUY ONLINE**

**PRHcatchtheace.ca**



**Tickets**

3 for \$5

10 for \$10

40 for \$20

Lottery Licence #12017

Help bring health care closer to home

# Employee Discounts



## Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

## What discounts are there?

PRH Staff Association / Insurance Providers  
Local Health and Fitness Facilities / CAA  
Scrubs / Access Perks / Perkopolis  
Park 'n Fly and more...

## Do You Have A COVID-19 Question?

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

## Would you like to celebrate or express gratitude to a group or individual?

Email: [celebration&recognition@prh.email](mailto:celebration&recognition@prh.email)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



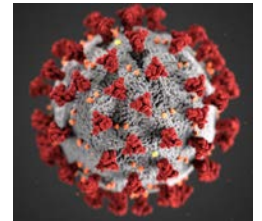
**Week #14 Winner**  
*Congratulations*  
**Alyssa Deschamps**  
Weekly Pot \$1,994  
Winning ticket #N-6992206  
Card #15 - 5 of Spades

Week 15 Draw is now LIVE!

Progressive Jackpot now **\$26,306** and climbing  
[PRHcatchtheace.ca](http://PRHcatchtheace.ca)

## Current Facts and Figures

- **PRH:** 0 COVID positive patients
- **Renfrew County:**
  - 7 active cases, 1 death
  - 33,056 tests completed
- **Ottawa:**
  - 745 active cases, 308 deaths
- **Ontario:**
  - 9,361 active cases, 3,062 deaths



## PRH Voluntary Redeployment – SURVEY



SCAN HERE  
or  
COPY LINK  
HERE



SUPPORTING  
OUR  
COMMUNITIES  
DURING THE  
PANDEMIC

<https://www.pembrokeregionalhospital.ca/staff-redeployment>